

THE SIMPLE MEANING
of our
KUSHTI
PRAYERS



BY ADI DAVAR

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ASHEM VOHU

Truth in everything is the best way to be Good. Truth brings great happiness. Such happiness comes to a person who lives according to Truth, for the sake of Truth alone.

ATHA HU VARIYO

Just as you would a King who is powerful, choose a Prophet who is wise. The gift of Good Thinking is the reward for work done for Ahura Mazda. His blessings come on all who serve as a Shepherd to the meek.

KEMNA MAZADA

Who have You appointed as my guardian Wise Lord, if wicked ones try to harm me? Who, other than Your Wisdom and Good Thinking? Let this Truth grow in my heart and my conscience always know it.

Tell me truly Wise Lord. Who will protect those like me who believe in Your teachings? Show me that Teacher. Let my Good Thinking lead me to obey whoever You send.

Defend me from our enemies Wise Lord. Go away from me all lies, liars, wicked ones and those who hurt others. Send them where they may not do any harm to this world.

You protect Good Thinking, those who adore Truth, and serve others with Devotion. You guard and strengthen in every way, those who always want to follow them.

Ashem Vohu.

AHURA MAZDA KHODAE

Ahura Mazda, our Lord. Keep wickedness, wicked ones and everything wicked, away from us, and defeat them. Also keep away from us, and defeat, those who do not follow Truth, hurt others and are wicked in every way.

Ahura Mazda, our Lord. I am sorry for all my sins and my wicked thoughts, words and deeds. I promise to turn away from them, and follow only Good Thoughts, Good Words and Good Actions.

To make You happy Ahura Mazda, I will lead my life as You would want me to, by always following Truth.

Ashem Vohu.

2 Atha Hu Variyos and 1 Ashem Vohu.

JASME AVANGHEH MAZDA

Come to my help, Wise Lord. Come to my help, Wise Lord. Come to my help, Wise Lord. I choose to believe in Ahura Mazda and be a Zoroastrian.

I believe in good thoughts, good words and good deeds. I believe in Your good religion, O Wise one, as it helps make people free, spreads peace, teaches me to rely on myself and always be Truthful. Therefore, of all past and future religions, the best is that of belief in You as a Zoroastrian.

I know that all Good comes only from You and from worshipping You O Wise Lord.

Ashem Vohu.

Adi Davar wrote this for his eight years young granddaughter Zara, who asked for a simple meaning of "the long words in our prayers" so she could understand what she was praying.